



Kinetic Contest Series

February 8th , 2010 to
March 13th, 2010

Sponsored by Epic Bikes Inc.,
Kinetic by Kurt , Specialized
Bicycle Components



Kinetic Contest Series

- Participatory contest for all cyclists
- Register at Epic Bike Inc. or online at www.epicbicycles.com and receive contest schedule (challenges vary by day) *
- Complete Challenges to gain points
- Earn points for entry into prize drawings
- Learn about training with a Kinetic trainer with the “Power computer” T-725 Wireless and your current fitness level
- Focus on training for Spring 2010
- Have fun.....this is going to be great!



Kinetic Contest Series

- Key Drawings held at Epic during 5 week contest program
- Grand Prize Drawing held March 19th at Epic Bikes Goldsprints night
- Participatory challenges create the opportunity to earn points. Turn those points into tickets for the prize raffle drawings



Kinetic Contest Series

- Challenges and weighted points (pts)
 - ✓ Ride 7am Shop Ride, Saturdays=3 pts
 - ✓ Ride Saturday later morning 1 day=3 pts
 - ✓ Kinetic Time Trial (w/ your bike)=3pts
 - ✓ Ride 7AM Shop Ride and Kinetic Time Trial= 4pts





Kinetic Contest Series

- Challenges and weighted points (pts) cont.
 - ✓ Tire/Tube Challenge at Epic/ complete in time allowed and earn 2pts
 - ✓ Race in the bi-monthly Goldsprints at Epic Bikes and earn 3 pts per race evening



Kinetic Contest Series

- Challenges and weighted points (pts) cont.
- ✓ Assist in Sorba Dauset Trail Care Weekend Work Party and earn 3pts



Kinetic Contest Series Prizes

- March 19th, 2010 : Grand Prize Drawing is totally awesome....someone will win a (1) Kurt Kinetic Road Machine Trainer and a wireless T-725W computer! \$555 retail value





Kinetic Contest Series Prizes

- So start now...take on the challenges and earn points through March 13th.





Kinetic Contest Series Prizes

- Contestant Cyclists will continue to earn points. Epic Bikes Inc. will randomly draw other prizes on select Saturdays throughout the competition to keep it fun and fueled. *





Kinetic Contest Series Prizes

- Other prizes include training DVDS like "Spinervals"
- Specialized Optics
- Hammer Nutrition Products



Kinetic Contest Series Prizes

- Special thanks to Pam Saylor from Kurt Kinetic Trainers
- Special thanks to Matt Shanly from Specialized Bicycle Components





Coaching

- Featured Athletes: Michael Stigers is a registered USA Cycling coach. His biggest focus is running and cycling. If you are looking to improve for this season, consider doing a one on one evaluation with Mike while you time trial on the road machine with the T-725W computer.
- Interested, contact Tim or Mike at the shop 770-305-9590



Kinetic Contest Series Prizes

- * Random prize drawings will occur at Epic Bikes during some challenges. You will not need to be present to win but all challenges contribute to points potential so the more you participate, the better chance you have at winning. See rules and regulations for details.
- * You will receive an email schedule of all challenges / points potential, and dates