

Southern Crescent Cycling

Ride Leader Responsibilities

A list of things that a ride leader needs to know:

1. Follow SCC Safety Policy outline -Encourage all riders to carry I.D.
2. Know the route and keep aware of time and weather. (Watch for pop up storms and be aware of daylight-due to time changes)
3. Make a count, before your ride starts, of the number of people you have in your group.
4. Be careful to set a pace that will attain an AVERAGE speed as close as possible to the designated ride speed.
5. Check frequently during the course of your ride that all riders that you started with are still with you and they can maintain the pace you are setting.
6. If some riders insist on going at an accelerated pace (faster than the designated speed), let them go. Do not try to speed up ride to accommodate them. They are on their own.
7. If necessary to check on the condition, status and/or location of stragglers stop your ride at a convenient location and regroup. Regrouping points are at stop signs and when the route changes roads.
8. Do not under any circumstances; abandon anyone on your ride. You must bring back or be able to account for, every rider on your ride.
9. If one of your riders has a physical (e.g. falls, bee sting, etc.) or mechanical (e.g. flat tire, broken spoke, etc.) problem, you should do one of the following:
 - a. Stop the ride and if the problem can be solved in a reasonable period of time (use your own judgment here), resume your ride when the rider who had the problem is able to continue.
 - b. Try to get a volunteer who knows the way back to stay with the rider until he/she is ready to return to the start.
 - c. If problem cannot be solved in the field and rider must be picked up, make whatever arrangements must be made to pick them up in a vehicle.
 - d. Use your best judgment if problem is more serious. If you were the person involved, how would you want it handled?
10. In summation you should:
 - a. Follow safety policy.
 - b. Know route/be aware of time and weather.
 - c. Make a count and check on your riders frequently.
 - d. Set a pace in accordance with designated average speed.